



April

Breakfast Menu

2012



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | Special News... Served Daily... Cereal, Asst. Poptarts, Yogurt, Bagels, Juice, Fresh Fruit Milk 1% Chocolate & Skim white Prices: Student \$1.00 Reduced \$.30 Milk \$.50 |
|--|---|---|--------------------------------------|-----------------------------------|--|
| <i>Did you know that if you qualify for Free or Reduced price meals that includes Breakfast?</i> | | Breakfast Served Daily 7:15 – 8:00 | | | |
| 9 No School | 10 Morning Corn Dog | 11 Sausage Biscuit | 12 Ham Egg & Cheese Muffin | 13 Egg & Cheese Biscuit | |
| 16 Pancakes w/syrup | 17 Bacon Egg & Cheese Biscuit | 18 Cinnamon Roll w/orange glaze | 19 Ham & Cheese Biscuit | 20 Breakfast Pizza | |
| 23 Morning Tacos | 24 Egg & Cheese Bagel | 25 Ham Egg & Cheese Muffin | 26 Pancake on a Stick | 27 Chicken Bagel | |
| 30 French Toast Sticks w/syrup | | | | | |

P.C.H.S. BREAKFAST MENU



PEKIN HIGH SCHOOL LUNCH

April 2012



THE GRILL

Daily grab and Go...

- Monday**
Specialty Burger
- Tuesday**
BBQ Sandwich
- Wednesday**
Hot Dog
- Thursday**
Buffalo Chicken
- Friday**
Fish Sandwich

SERVED DAILY

- Chicken Sandwich
- Mexican Entrée
- Hamburger
- Cheeseburger
- Chicken Nuggets
- Cheese Pizza
- Pepperoni Pizza

| | | | | |
|---|---|--|---|---|
| | | | | |
| 9 | 10 | 11 | 12 | 13 |
| No School | Poppin' Chicken Burrito Peas Pears | Mexican Lasagna Broccoli Rosy Applesauce | Macaroni & Cheese Sliced Carrots Peaches | Chili Con Carne Green Beans Mixed Fruit |
| 16 | 17 | 18 | 19 | 20 |
| Jerk Chicken Mashed Potatoes w/gravy Strawberries | Pancakes w/sausage Tater Tots Rosy Applesauce | Chicken Parm Sandwich Sliced Carrots Diced Pears | Baked Lasagna Green Beans Mixed Fruit | Chicken Quesadilla Golden Corn Cinn. Apple slices |
| 23 | 24 | 25 | 26 | 27 |
| Beefy Nachos Mixed Vegetables Peaches | PSAE TESTING | PSAE EXPLORE AND PLAN TESTING | Twisted Spaghetti w/meat sauce Green Beans Applesauce | Country Chicken Bowl Sliced Carrots Mixed Fruit |
| 30 | | | | |
| BBQ Chicken Parsley Noodles Diced Peaches | | | | |

THE PIZZARIA

Daily grab and Go...

- Monday**
BBQ Chicken Pizza
- Tuesday**
Sausage Pizza
- Wednesday**
Vegetable Pizza
- Thursday**
Cheese Pizza
- Friday**
Hawaiian Pizza

DELI & GREENS....

start with a grain

breads, tortillas, rolls, etc...

get some protein

meats, turkey, salads

MADE TO ORDER
DELI'S & WRAP'S
TUESDAY & THURSDAY

- Tuna Salad
Made to Order
- Meatball Sub
Made to Order
- Pulled Pork

grab and go...

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Prices : Student \$1.70 Reduced \$.40

- All American Wrap
- Bologna & Cheese Sandwich
- Chicken Ranch Wrap
- Tuna Salad Sandwich
- Buffalo Chicken Wrap

Milk Choice Available Daily: 1%Chocolate & Skim White Extra Milk \$.50

Menus subject to change without notice.

Start here! Choose Entrée

+ Take 2Any 2

If you choose not to take the menued veggie and fruit you can select your sides from the "Food Bar". Food Bar contains Salad, Fresh Carrots, Broccoli, Fresh Fruits (i.e. Oranges, Apples etc.).

